

# J & M DANCE CENTER

2021-2022 Schedule

Monday		Tuesday		Wednesday		Thursday		Friday	
Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B
		9:15-10:00 Adult Tap	10:00-11:00 Meditation						
3:00-4:30 Jazz Technique 4.0 1 of 2	3:30-4:15 Progressing Ballet Technique (Ages 8-up)	3:30-4:15 Intro to Ballet Foundations A (Ages 5-up)	2:45-4:15 Jazz Technique 4.0 2 of 2	3:15-4:30 Jazz Technique 3.0 2 of 2	3:00-4:30 Adv. Pointe & Ballet Technique 2 of 3	3:00-3:45 Jr. Dance Company	3:00-4:30 Adv. Pointe & Ballet Technique 3 of 3	3:45-4:30 Dance Explorations (Ages 3-5)	2:45-3:30 Sr. Contemporary Optional
4:30-5:15 Hip Hop 4.0	4:15-5:15 Intro to Contemporary (Ages 6-up)	4:15-5:00 Creative Movement (Ages 3-5)	4:15-5:00 Adv. Musical Theater (Ages 13-up)	4:30-5:30 Contemporary 4.0	4:30-5:30 Ballet Foundations & Technique 2.0 (Ages 10-up) 1 of 2	3:45-4:30 Hip Hop 3.0	4:30-6:00 Int. Pointe & Ballet Technique 2 of 2	4:30-5:30 Intro to Ballet Foundations B (Ages 5-up)	3:30-4:15 Sr. Jazz Optional
5:15-6:00 Tap 2.0	5:15-6:15 Teen Ballet (Ages 13-up) 1 of 2	5:00-5:45 Intro to Hip Hop (Ages 5-up)	5:00-6:30 Adv. Pointe & Ballet Technique 1 of 3	5:30-6:30 Adv. Acro for Dancers (Ages 13-up)	5:30-6:30 Ballet Foundations & Technique 1.0 (Ages 8-up) 1 of 2	4:30-5:30 Beg./Int. Acro for Dancers (Ages 6-up)	6:00-7:00 Ballet Foundations & Technique 1.0 (Ages 8-up) 2 of 2		4:15-5:00 Elite Dance Company
6:00-6:45 Beg. Tap (Ages 5-up)	6:15-7:15 Contemporary 3.0	5:45-6:30 Hip Hop 2.0 (Ages 8-up)	6:30-8:00 Int. Pointe & Ballet Technique 1 of 2	6:30-7:30 Jazz Technique 2.0 (Ages 8-up) 2 of 2	6:30-7:30 Teen Ballet Technique (Ages 13-up) 2 of 2	5:30-6:15 Intro to Jazz Technique (Ages 5-up)	7:00-8:00 Ballet Foundations & Technique 2.0 (Ages 10-up) 2 of 2		5:00-6:00 Production
6:45-7:45 Adult Contemporary/ Ballet	7:15-8:30 Jazz Technique 3.0 1 of 2	6:30-7:30 Jazz Technique 2.0 (Ages 8-up) 1 of 2		7:30-8:30 Adult Hip Hop/ Jazz		6:15-7:00 Tap 3.0			6:00-6:45 Sr. Lyrical Optional
		7:30-8:15 Beg./Int. Musical Theater (Ages 6-12)				7:00-8:00 Contemporary 2.0 (Ages 8-up)			6:45-7:30 Petite Dance Company