

J & M DANCE CENTER

2020-2021 Schedule

Monday		Tuesday		Wednesday		Thursday		Friday	
Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B
	Gentle Stretch Yoga 9:00-10:00		Mommy & Me Learn & Play (Ages 2-5) 10:30-11:30		Flow Yoga 9:00-10:00		Mommy & Me Learn & Play (Ages 2-5) 10:30-11:30		Flow Yoga 9:00-10:00
	2:00-2:45 Primary Ballet	2:00-2:45 Adv. Tap	2:15-2:45 Dancing to my Tune (Ages 2-3)	2:15-2:45 Dance with Me (Ages 2-5)	2:00-3:00 Adv. Contemporary Tech 2.0	2:15-3:00 My Happy Dance (Ages 3-5)	2:00-2:45 Adv. Hip Hop 1.0	1:45-2:30 Adult Tap	
3:00-4:00 Grade 1/2 Ballet	2:45-3:45 Grade 4/5 Ballet (1 of 2)	3:00-4:00 Grade 2/3 Ballet (1 of 2)	2:45-4:00 Adv. Jazz Tech 1.0 (1 of 2)	2:45-3:45 Grade 2/3 Ballet (2 of 2)	3:00-4:30 Adv. Jazz Tech 2.0 (2 of 2)	3:00-4:00 Grade 4/5 Ballet (2 of 2)	2:45-4:00 Adv. Jazz 1.0 (2 of 2)	2:30-3:15 Dance Co Jr. Contemporary Optional	2:30-3:15 Sr. Elite Dance Company
4:00-5:00 Beg. Jazz Technique	3:45-4:30 Progressive Ballet Technique (Ballet on a Ball)	4:00-5:00 Beg./Int. Acro for Dancers (Ages 6-12)	4:00-6:00 Adv. Foundation Ballet & Pointe (1 of 2)	3:45-4:30 Dance Love (Ages 3-5)	4:30-5:30 Teen Ballet Technique (2 of 2)	4:00-4:45 Int. Hip Hop	4:00-6:00 Adv. Foundation Ballet & Pointe (2 of 2)	3:15-4:00 Tiny Dance Company	3:15-4:15 Dance Company Production
5:00-6:00 Beg. Contemporary Technique	4:30-5:30 Teen Ballet Technique (1 of 2)	5:00-5:45 Intro to Jazz & Tap (Ages 3-5)	6:00-7:00 Adv. Contemporary Tech 1.0	4:30-5:15 Int. Tap	5:30-7:00 Int. Foundation Ballet & Pointe (2 of 2)	4:45-5:30 Beg. Tap	6:00-7:00 Adv. Acro for Dancers (Ages 13-up)	4:15-5:00 Jr. Elite Dance Company	4:15-5:15 Pre-Primary Ballet
6:00-7:00 Int. Jazz Technique (1 of 2)	5:30-7:00 Int. Foundation Ballet & Pointe (1 of 2)	6:00-7:30 Adv. Jazz Tech 2.0 (1 of 2)	7:00-8:00 Beg/Int Musical Theater (Ages 6-12)	5:15-6:15 Int. Jazz Technique (2 of 2)	7:00-8:00 High Fitness	5:30-6:15 Beg. Hip Hop	7:00-7:45 Adv. Hip Hop 2.0	5:00-5:45 Dance Company Hip Hop Optional	
7:00-8:00 Int. Contemporary Technique	7:00-8:00 High Fitness	7:30-8:30 Adult Jazz/Hip Hop		6:15-7:00 Mini Dance Company		6:15-7:15 Adult Ballet/ Contemporary		5:45-6:30 Petite Dance Company	
				7:00-8:00 Adv. Musical Theater (Ages 13-up)				6:30-7:15 Dance Company Jr. Lyrical Optional	